

## SUGGESTED PACKING LIST

At Autumn Lake Healthcare at Vineland we encourage residents to bring along items from home to create a more personal environment.

- 10 complete changes of clothing (undergarments, socks, slacks or skirts, shirts).  
*Clothing should be easy to put on and off.*

- 2 warm sweaters

- 4 sets of pajamas

- Comfortable shoes

- Sneakers

- Slippers

- Bath shoes

- Robe

- Decorative touches, such as photos of family & friends

- A soft, warm lap blanket

- 3 sets of workout gear (sweatpants or leggings, t-shirts)

- Personal care items